

North Carolina Department of Health and Human Services

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Future of Innovations Waiver and IDD System Design

November 21, 2014, 1:00 PM – 4:00 PM Location: Clark Building – Dorothea Dix Campus: Conference Room Meeting Minutes

Overview of NC Innovations Services Definitions

Goals of the innovation waiver:

- To value and support waiver participants to be fully functioning members of their community.
- Engage in a purposeful day of their choice and achieve their life goals.
- To ensure the wellbeing and safety of the people served.
- To increase opportunities for community integration through work, life-long learning, recreation and socialization
 - o There are many goals and want to make sure they are all in the waiver
 - o Don't want to be dependent on service system
 - o All services are of quality

Categories of Services

- Living: "Choose where I live"
 - o In-home
- Current: Currently have 3 distinct services that teach skills, after assistance, and provide supervision
- <u>Purpose</u>: Combine the 3 services into 1 service definition named Integrated Supports to mirror the natural flow of a person's day
 - o Residential
- <u>Current:</u> Service that teaches skills, provides assistance, and supervision in a provider owned home
- Proposed: Based on feedback received

Questions and Concerns:

- o Provide teaching and supervision
- o Supported living would be provided in the home

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• Are you thinking about the difference between children and adults? "Yes" children are being thought of

Questions and Concerns:

- o Provided in 3-6 bedrooms depending on the space
- o Choices are limited, it's like your choice is not a choice
- Issues with closed networks

o Community Transition

- <u>Current:</u> Supports that assist a person with moving from a provider operated home into a home of their own
- <u>Proposed:</u> Based on feedback received
 - o Respite
- Current: Relief for primary caretakers
- Proposed: Based on feedback received

Ouestions and Concerns:

- Overnight rate
- o People to cover weekends
- Least restricted services to be used
- o This is the service that keep families together
- o Number one thing the B3 dollars are spent on
- Number one services families want
- Hard to find workers
- Low paying rate
- Crisis: "I will be safe in my community"
 - o Crisis Support
- <u>Current:</u> Tiered approach which includes in home or facility based crisis intervention and support to prevent hospitalization.
- Proposed: Based on feedback received

Questions and Concerns:

- o How to pay
- o NC START model is really big
- o NC START is not state funded it's waiver funded
- Supportive Living:
- Proposed: Supported living would be a new service to mirror the natural flow of a person's day in their own home or apartment

Questions and Concerns:

- o Have other state rates been looked at
- Will provide a lot more stability
- o Decrease jumping from one provider to another
- Day: "Choose how I spend my day"
 - o Day Support

- <u>Current:</u> Facility/ Community based service that teaches self-help, socialization, presentational, and adaptive skills
- Proposed: Based on feedback received

Questions and Concerns:

- Developmental day is for children more so like after school
- o Focus more on children for developmental day plan
- Service must originate
- Day support is facility based
- Supported Employment
- <u>Current:</u> Service that provides assistance in choosing, acquiring, and maintaining competitive employment
- Proposed: Based on feedback received

Questions and Concerns:

- Provide the service for qualified work force
- o Connected with at least min. wage
- Need to be competitive
- Community: "Choose what I do in my community"
 - o Community Guide
- <u>Current:</u> Provides support to promote self-determination, increase independence and assist the individual in developing social networking and connections with the community.
- Proposed: Based on feedback received
 - o Community Networking
- <u>Current:</u> Individualized day activities that assist in promoting participation in community life while developing natural supports in integrated settings.
- Proposed: Based on feedback received

Questions and Concerns:

- What the system should move towards
- o Embed a person in the community
- Self-Direction: "Manage my services"
 - Individual goods & services
- <u>Current:</u> Supports for individuals to direct their own services by managing payroll activates and allowing for the flexible purchase of needed goods and service
- Proposed: Based on feedback received

Questions and Concerns:

- o Complex
- Education about overhead
- Financial Supports
- This also reflects Individual goods and services
- Education: "Access to support for growth"
 - **o** Natural Supports Education
- <u>Current:</u> Services teaches families consumers about IDD and natural supports. Provides education on intervention strategies, natural supports networks, and equipment and supplies
- Proposed: Based on feedback received

Questions and Concerns:

- Need to be more easily assessable
- o Specialized Consultation
- <u>Current:</u> Services provides assistance and education to families, consumers, and supports staff about specialty topics to support long-term consumer needs. Specialty Topics: Speech, Physical, Occupational, Recreational, Nutritional, Behavioral needs, Medical needs, and Etc.
- Proposed: Based on feedback received

Questions and Concerns:

- o <u>Include "START"</u>, train coordinators
- Equipment: "To have the adaptive supports I need to live in my community"
 - Assistive Technology Equipment & Supplies
 - Home Modifications
 - Vehicle Modifications
- <u>Current:</u> Supports for needed adaptations to be made to the home environment or vehicle owned by the individual/ family to ensure accessibility, along with supports for needed supplies/ equipment that is used to increase, maintain, or improve overall functioning
- Proposed: Based on feedback received

Questions and Concerns

- o Annual limit not a lifetime
- o Support services